



FIRST AID POLICY

This policy relates to all sections and activities of the school e.g. P&S School, N&I School (including EYFS), Wrap Around Care, Offsite Activities and School run Holiday Activities or Clubs.

This policy should be read in conjunction with the:

- Asthma Policy
- Intimate Care
- Long Term Medical Conditions Policy and Guidelines
- Policy on Infectious Diseases
- Pupils' Mental Health and Well-being Policy

This policy has regard to the DfE *Guidance on First Aid for Schools*.

First Aid is the initial assistance and treatment given to a casualty for any injury or sudden illness before the arrival of an ambulance, doctor or other qualified person.

The aims of First Aid:

- To preserve life
- To limit the effects of the condition
- To promote recovery

RESPONSIBILITIES

School Council

The responsibility for Health and Safety, which includes First Aid, rests with the School Council. Based on a risk assessment of the school this includes:

- the number of first aiders/appointed persons;
- numbers and locations of first aid containers;
- arrangements for off-site activities/trips;
- out of school hours arrangements, e.g. lettings, parents evenings;
- insurance arrangements which provide full cover for staff acting within the scope of their employment.

Headmaster

The Headmaster is responsible for putting School Council's policy into practice and for developing detailed procedures.

Teachers and other school staff

Teachers and other staff in charge of pupils are expected to use their best endeavours at all times, particularly in emergencies, to secure the welfare of the pupils at the school in the same way that parents might be expected to act towards their children. In general, the consequences of taking no action are likely to be more serious than those of trying to assist in an emergency.

First Aiders

First Aiders must complete a training course approved by the Health and Safety Executive (HSE). Emergency First Aid qualifications, Asthma and Anaphylaxis Training are refreshed every three years, Paediatric First Aid and three day HSE First Aid at Work qualifications are valid for three years.

The main duties of a first aider are to:

- give immediate help to casualties with common injuries or illnesses and those arising from specific hazards at school;
- when necessary, ensure that an ambulance or other professional medical help is called.

Appointed Person

An appointed person is someone who:

- takes charge when someone is injured or becomes ill;
- looks after first aid equipment e.g. restocking the first-aid container;
- ensures that an ambulance or other professional help is summoned when appropriate.

The appointed person at the P&S School is Linda Ward and at the N&I School Rosalind Green. Both have been trained in first aid and hold the Three Day Emergency First Aid qualification.

IMPLEMENTATION

Staffing

In line with guidance provided by the Health and Safety Commission (HSC) the number of staff with a first aid qualification should be greater than one per 100 staff and pupils on each site. Those staff who undertake training to become first-aiders do so on a voluntary basis.

A qualified first-aider is present on each site when children are present. This includes the provision of first aid cover as part of wrap around care and at lunchtimes and breaks. In the N&I School at least one person with a paediatric first aid qualification will be present and available at all times when children are on the premises.

Signs indicating those staff with first aid qualifications are displayed in various locations throughout the school.

First Aid provision will be provided, where possible, on all off-site activities. Where this is not possible members of staff accompanying the activity will carry mobile phones in order that assistance can be summoned or advice sought, if necessary, from the emergency services or qualified medical staff. A qualified paediatric first aider will accompany all off-site activities involving Early Years Foundation Stage (EYFS) children.

Those staff with current first aid qualifications, including paediatric first aid, are listed in Appendix 1.

Accidents on School Premises

In the event of a serious injury or illness contact the School Office who will send a qualified First Aider to come and assess the injuries. A list of First Aid trained staff is held in both the School Offices and included in Appendix 1.

In the unlikely event of a First Aid trained staff member being unavailable, then the member of staff responsible for the ill or injured person must personally carry out the 'General Procedure for All Accidents' (below).

Accidents off School Premises

This section applies to all off-site activities including excursions, expeditions and all sporting activities which take place off site. In planning and participating in outings and trips, staff should follow the Health and Safety of Activities Outside of School Policy and Procedures.

Where the accident occurs off-site, the member of staff responsible for the ill or injured person must personally carry out the 'General Procedure for All Accidents' (below).

A referee in solo charge of a practice should stop the match/training and look after the injured player.

During expeditions, camps etc staff must ensure that they know the locations and telephone numbers of the nearest hospital/surgery. All staff should be briefed on the actions to take in the event of an accident. Accident Report Forms (see Appendix A of the Health and Safety Policy) should be submitted to School via email.

General Procedure for All Accidents

If the injury is serious an ambulance should be called immediately and it is important that the parents are contacted. In the case of a serious injury, this contact is best made by a senior member of staff, who will need to be informed of the injured pupil's name, the hospital to which admitted and details of the accident and injuries. If the parents cannot be contacted then the pupil's emergency number should be telephoned. If the parents (or their representative) can still not be contacted, a member of staff must accompany the pupil to hospital and remain there until a parent or other responsible adult arrives.

Any injuries to EYFS pupils which result in a hospital visit must be reported to First Contact by the Designated Officer (or deputy), current contact information can be found in the Child Protection (Safeguarding) Policy, and advice will be given from First Contact as to whether further action is required.

In cases where serious injury or death of a child occurs the incident must be reported to the Local Area Designated Officer (LADO) by the School's Designated Officer.

For a less serious injury, but one which requires hospital treatment or it is considered inadvisable that the pupil should travel home by public transport, the parents should be contacted and asked to come and collect their child. If the parents cannot be contacted the emergency contact number should be phoned. A member of staff must remain with the pupil at all times until the parent or the child's emergency contact person is present.

For a minor injury, but one about which the member of staff feels the parents should be informed, the pupil should go home by the usual method. Pupils at the N&I School take with them a standard school form signed by the member of staff concerned. Alternatively, and always at the P&S School, the member of staff should contact the parents by telephone.

All minor injuries in the N&I School must be reported to parents. A copy of the form sent to parents must be kept on file. All first aid administered at the P&S School must be recorded on the medical sheets.

Only qualified members of staff should administer necessary First Aid and should not act outside their range of competence.

At all times members of staff are expected to use their own professional judgment and to err on the side of caution.

First Aid Materials and Equipment

First Aid cabinets are situated in the School Office on both sites. The cabinets are marked with a white cross on a green background.

First aid containers are situated:

P&S School

Kitchen Pantry
Science Prep. Room
Design Technology Room
Systems Technology Room
Art Room
Reception desk in Entrance Hall
HM House stairwell

N&I School

Kitchen
Medical Room

In addition all minibuses contain First Aid containers and portable containers are available for PE staff and other off-site activities. A first aid container must be taken by members of staff when working with pupils off-site. All First Aid containers are marked with a white cross on a green background. For off-site visits these are carried within other bags.

First aid containers are called in at the end of every term for checking and re-stocking by the appointed persons. Those that are received in the P&S School office are checked, re-stocked and returned to the staffroom for collection. (If staff request supplies during the term, these supplies are given out as soon as possible). It is the responsibility of the appointed person to restock first aid cabinets and first aid containers as soon as possible after use. First aid containers must not contain medications including those used for pain relief e.g. paracetamol.

Stretchers are available in the boys changing room on the P&S School site and in the Barn at the N&I School. These are visually checked annually by the appointed persons.

Hygiene Procedures for Dealing with Body Fluids

All staff should take precautions to avoid cross infection and follow basic hygiene procedures. Staff have access to appropriate Personal Protective Equipment (PPE) including waterproof aprons and single-use disposable gloves. Staff dealing with an incident must ensure that their own cuts and grazes are covered.

Care must be taken when dealing with blood or other body fluids and disposing of dressings or equipment. Containers containing absorbent powder, antibacterial sprays and disposable scrapers along with PPE are available in both School Offices to mop up spillages of body fluids e.g. urine and vomit. All contaminated waste must be disposed of appropriately.

When to Call an Ambulance

An ambulance should be called, by dialling 999, in the following circumstances:

- where an injury cannot be controlled e.g. uncontrolled bleeding from an external wound or from a body cavity (e.g. mouth, nose, ear, rectum or vagina);
- signs of stroke (face drooped, arm limp, speech slurred) or heart attack (pain in chest, pain in jaw or left arm);
- signs of poisoning or drug overdose;
- where someone is trapped, unconscious or has severe back pain;
- sign of attempted suicide;
- injury caused by electric shock;
- drowning;
- extreme hypothermia.

Where a child has sustained an injury that requires them to be taken to hospital then the parents should be contacted to take them where practicable. No child should travel alone to hospital. Where a parent is unable to accompany a child, then a member of staff must accompany the child to hospital.

Reporting and Recording Incidents

Any occurrence requiring first aid is regarded as an incident. The school keeps a record of any first aid that is given to a pupil. This includes:

- the date, time and place of the incident;
- the name and class/form of the injured person
- details of the injury/illness and what first aid was given

- what happened to the person afterwards (e.g. returned to class, resumed normal duties, went home, went to hospital)
- name and signature of first aider.

N&I School parents are given a copy of this information on the same day, when they collect their child at the end of School/S6.

Incident sheets are kept in the P&S School and N&I School Offices and incident books by the PE and Games, Science and Technology departments.

In the case of **HEAD INJURIES**, parents must be informed immediately, by phone, and invited to assess for themselves the condition of their child. All children who have received a head injury will be issued with a card outlining symptoms which, if observed, should be reported immediately to the Office and the child taken to an A&E department. In addition, N&I School children are also identified by a sticker. On both sites parents will be issued with information concerning the symptoms which, if observed, indicate urgent medical intervention is necessary.

Full details of accidents which may need reporting to the HSE under RIDDOR (the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995) can be found in the Health and Safety Policy.

Arrangements for Pupils with Particular Medical Conditions

Parents are asked to specify if their child has any particular medical conditions (e.g. asthma, epilepsy, diabetes) on entry to school through interview and on the registration form. Parents are expected to notify the school if their child develops a particular medical condition.

Children identified with a particular medical condition are included on iSams. Copies of the list are kept in staffrooms, school offices and kitchens. The list is updated termly.

Where a child has a long-term or complex medical need the school will draw up a health care plan in consultation with parents and relevant health professionals.

Parents of children who need to carry medication with them must complete the 'Request for child to carry his/her medicine' Form, Appendix 3 of the Policy on Administration of Medicines in School. Children who carry Epipens are identified by means of a photo in the staffrooms and kitchens on both sites.

Epipens and inhalers may be carried by children at the P&S School. Spare Epipens (provided by the parents) and both the child's own and the School's emergency inhalers are kept in the School Office and in the kitchen. In the N&I School Epipens and Inhalers are kept by the class teacher in the classroom. Spare Epipens and Inhalers are kept in the School Office and in the kitchen. Epipens and Inhalers must be taken on any off-site visit including sports fixtures.

Staff who have training in the administration of Epipens are listed in Appendix 1.

APPENDIX 1 - LIST OF AUTHORISED FIRST AIDERS

| SENIOR SCHOOL | JUNIOR SCHOOL |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| HSE First Aid at Work (three days) | Three Day Emergency First Aid |
| Miss L Ward Mrs S Williamson Mr K James | Mrs R Green Mr S Haywood |
| One Day Emergency First Aid (one day) | Paediatric First Aid (two days) |
| Mrs C Blyth Miss F Foster Mr P Heaton Mrs R Jones Mr D B Kitching Mrs S Lindsay-Symington Mrs M Lithgo Mr G McReddie Mr I Palmer Mrs L Roberts Mrs J Smart Miss L Spencer-Crabb Mrs G Summers Miss M Sweeney Mr T Thorogood Mr S Wilkinson | Mrs J Cox Miss J Dixon Mrs R Dring Mrs C Ford Mrs S Heap Miss J Kears Mrs J Jackson Mrs A Mallam Mrs L Sanderson Mr I Barnbrook-McKay Miss L Simpson Miss C Thompson Mrs M Wait Mrs L Waldock Mrs T Watson |
| ANAPHYLAXIS TRAINING All Staff (Jan 2018) | ANAPHYLAXIS AND ASTHMA TRAINING All Staff (Jan 2018) |
| ASTHMA TRAINING All Staff (Feb 2017) | ASTHMA TRAINING All Staff (Feb 2017) |

Reviewed by L Ward
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