

RED HOUSE
SCHOOL

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3 May 2019

Dear Parents

Duke of Edinburgh Practice Expedition: 11-12 May 2019

Pupils involved in the Duke of Edinburgh Award will be taking part in their practice expedition over the weekend of 11-12 May. The expedition will be in the Barnard Castle area, and all groups will be camping at Barnard Castle Camp Site, near Lartington. Although the pupils will not be accompanied by members of staff as they walk, they will be closely monitored over the weekend through observation and meeting at regular checkpoints. There will also be a staff presence on the campsite overnight. The trip will be subject to the conditions set out in the Parent Contract and will be covered by the school's insurance policy. Staff will take a first aid kit with them and there are additional first aid facilities on site. If your child suffers from asthma or severe allergic reactions please ensure their inhaler/medication/EpiPen is with them. If they do not have them, they will be unable to go on the trip.

Pupils are allowed to bring personal items such as mobile phones in order to keep in touch with parents. However, these items will be taken at their own risk.

We endeavour to take photographs on as many school trips as possible, please visit our website, facebook and twitter pages to view a selection of photographs.

Pupils should arrive at School by 7.45am on the Saturday morning, and we aim to return to School by 3pm on the Sunday afternoon. If the return time is going to be dramatically different, we will encourage your children to contact you with the revised timing.

Please complete the tear-off slip at the bottom of this letter to give your consent and also to advise us if there has been any change to your child's medical information since the practice walk in October.

Please Note: if your child did not attend the practice walk in October, please complete the attached medical consent form.

I would be grateful if you could return this by Wednesday 8 May. I have also included a copy of the kit list, both for your information and in case your child has misplaced their earlier copy.

I would also like to take this opportunity to inform you that the date for this year's final expeditions are 8-9 and 10-11 July. Please let us know, as soon as possible if there is a problem with either of these dates. In addition, one of the requirements of the Award qualifying expedition is that pupils need to plan, train for and complete an unaccompanied self-reliant expedition. This will involve pupils working out their own starting points and starting times and organising transport to get them to the appropriate place at the appropriate time. This usually means parents dropping groups off and picking them up again when the expedition is complete. I hope that by giving you enough notice you will be able to make the required arrangements.

Please do not hesitate to contact me if you have any questions about the expedition or any other aspect of the Award.

Yours faithfully



Mrs S Williamson

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Duke of Edinburgh Practice Expedition: 11-12 May 2019

Name..... Form.....

I give consent for my son/ daughter to take part in the Duke of Edinburgh's Award practice expedition on 11-12 May

There has/has not been any changes to their medical information since the practice walk in October.

Please give details of any changes

changes.....

Signed (parent/guardian).....

RED HOUSE SCHOOL D OF E EXPEDITION EQUIPMENT

CLOTHING

Walking boots
Trainers
Socks
Underwear
Trousers
Shirts/ tops
Sweaters/ fleece tops
Hat
Gloves
Waterproof jacket (breathable type recommended)
Waterproof over trousers

PERSONAL CAMPING EQUIPMENT

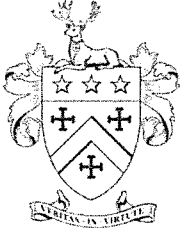
Rucksack (approx. 65 litre capacity)
Sleeping bag
Sleeping mat
Soap and towel
Toothbrush
Toilet paper
Mug and plate(s)
Knife, fork and spoon
Food (as detailed on menu)
Water bottle (**make sure it does not leak!!**)
Sun tan lotion

PERSONAL EMERGENCY EQUIPMENT

Map (school will provide)
Watch
Compass and whistle
Emergency food (something like 3 Mars bars or similar)
Matches or lighter
Torch with spare batteries and bulb
Survival bag/ space blanket
Spare clothes
Tin opener
First aid kit
Paper and pencil (in a plastic bag to keep it dry)

GROUP CAMPING EQUIPMENT

Tent (school will provide)
Trangia (school will provide)
Gas (school will provide)
Washing up liquid
Sponge/ scourer pad
Cloth/ old tea towel



RED HOUSE
SCHOOL

PARENTAL CONSENT FOR A SCHOOL VISIT

(To be distributed with any information sheet giving full details of the visit)

Name: Form:

1 Details of visit: Duke of Edinburgh's Award Practice Expedition, Barnard Castle, 11/12 May

I agree to taking part in this visit and have read the letter.
I agree to my child participating in the activities described.
I acknowledge the need for my child to behave responsibly.

2 Medical information about your child

(a) Any conditions requiring medical treatment, including medication? YES/NO
If YES, please give brief details:

.....

(b) Please outline any special dietary requirements of your child and the type of pain/flu relief medication your child may be given, if necessary:

.....

(c) Please give details of any other health/behavioural information which would be useful to the group leader:

.....

(e) Is your son/daughter allergic to any medication? YES/NO

If yes, please specify:

.....

(f) When did your son/daughter last have a tetanus injection:

.....

I will inform the Group Leader/Head Teacher as soon as possible of any changes in the medical or other circumstances between now and the commencement of the journey.

3 Declaration

I agree to my son/daughter receiving medication as instructed and any emergency dental, medical or surgical treatment, including anaesthetic or blood transfusion, as considered necessary by the medical authorities present. I understand the extent and limitations of the insurance cover provided.

4 Contact telephone numbers

Work: Mobile:

Home:

Address:

.....

Alternative emergency contact:

Name: Tel No:

Name of Family Doctor:

Tel No:

Signed: Date:

Full Name:.....

(In capital letters please)

**THIS FORM, OR A COPY, MUST BE TAKEN BY THE GROUP LEADER ON THE VISIT
A COPY SHOULD BE RETAINED BY THE SCHOOL CONTACT**