



RED HOUSE
SCHOOL

36 The Green
Norton
Stockton-on-Tees
TS20 1DX

01642 553370
office@redhouseschool.co.uk
www.redhouseschool.co.uk

2 October 2020

Dear Parents

Year 6 Puberty Talks: 8 & 15 October 2020

Before the October half term break, Year 6 will be learning about puberty, as part of our PSHE programme. This work will include the use of the correct terminology for the parts of the body and discussions about the physical and emotional changes that will happen during puberty.

All discussions are age-appropriate and happen in a fun way and will address any misconceptions held by the children. The talks will take place during their PSHE lessons on Thursday 8 October and Thursday 15 October from 11.10am to 12.05pm. I will deliver the talks to the girls and Mr Heaton will present the information to the boys.

As part of the lessons, the children will be shown a number of short video clips about puberty. The clips that will be used have been suggested by the North Yorkshire PSHE team and should you wish to view them beforehand they can be found at:
https://www.healthpromotion.ie/health/inner/busy_bodies

If you have any questions regarding these lessons, please feel free to contact either me or Mr Heaton.

With all best wishes to you and your family.

Yours sincerely

Dr Rebecca Ashcroft
Deputy Head & Head of the Senior School
rebecca.ashcroft@redhouseschool.co.uk