



RED HOUSE
SCHOOL

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Dear Parents

Games and Physical Education in the Summer Term (Y3-11)

We have been so impressed with the enthusiasm our pupils have displayed this term and we wish you all an enjoyable Easter break. In preparation for the Summer Term, I thought it may be useful to give you the following information. Once again, I am closely monitoring DfE guidelines as well as advice from all relevant sports governing bodies. Therefore, we intend to offer the following PE/Games programme.

Games lessons will be single-sex as normal for the majority of year groups. Pupils will be taught PE & Games in their respective year groups to limit social interaction across teaching bubbles. The only exception to this will be the Year 3/4 games session on a Thursday morning. During this lesson, pupils will be taught in their respective year groups. The main focus for all other PE/Games lessons will be athletics and summer games.

Summer games will consist of cricket, tennis, rounders and softball. In these lessons, pupils will concentrate on developing their existing coordination and agility skills. In athletics, the aim will be to improve confidence in a wide range of running, jumping and throwing events. This will help pupils prepare for sports day which is due to take place in the second half of term.

In accordance with government guidelines, I am also delighted to report that swimming lessons are due to recommence at the start of term, for all pupils in Years 4-6.

In Year 11, there may be scope to offer some off-site activities when guidelines allow. In the meantime, they will also follow a summer games programme and they will be taught as a whole year group (not single-sex).

Similar to last term, we intend to offer after school sports clubs to Senior School pupils and once again, we would like to stress that these are not compulsory for our team players. Until the return of fixtures, we are encouraging all our pupils who are members at local sports clubs, to attend their usual training sessions in accordance with the "return to play" guidelines set up by each Sports Governing Body. This will ensure they are continuing to develop their skills under the supervision of specialist coaches in their chosen sport(s).

School sports clubs are open to all pupils and will take place from 4-5pm on Monday (Year 9), Tuesday (Year 7), Wednesday (Year 6) and Thursday (Year 8). These clubs will begin on Monday 19 April and pupils will need to sign up through their tutor during Monday morning registration (each week). This helps plan staff allocation for the weekly sports club programme.

To avoid sanitising changing rooms between each lesson, pupils will continue to wear their PE kit to school on days when they have their sports club or PE/Games lessons**. Pupils should also bring the following items to school to ensure they are equipped for their PE/Games lessons (large games bags will be unnecessary):

Girls:	Boys:
Skort/White socks Indoor & Outdoor trainers* Red House sports cap (optional) Spare PE top (optional) ** Y4-6 Swimming Costume/towel/goggles	Shorts White socks Indoor & Outdoor trainers* Cricket shoes (optional) Red House sports cap (optional) Spare PE top (optional) ** Y4-6 Swimming Costume/towel/goggles
<p>* Indoor trainers will be worn when pupils are in the school building, during the days they wear their PE kit. To help avoid bringing mud into the building, it is imperative that pupils wear a separate pair of trainers/football boots when they are outside during lessons/break time.</p> <p>**If pupils have PE/Games lessons in the morning, we do recommend that they have a spare PE top/socks to change into after the lesson (especially from Y7 upwards – and for additional hygiene, we also advocate the use of a roll-on deodorant after lessons).</p> <p>Swimming days; Year 5 – Monday, Year 6 - Wednesday & Year 4 - Friday</p> <p>As always, all items of clothing must be clearly named.</p>	

I hope you have found this information useful in preparation of the new term and please do not hesitate to contact me if you have any queries.

Yours sincerely



Mrs Marie Sweeney
Head of Physical Education