



RED HOUSE
SCHOOL

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Dear Parents

Year 5 Relationships and Sex Education (RSE) Talks

Next week, Year 5 will be learning about their health, well-being and relationships around the topic of puberty as part of our Relationships and Sex Education (RSE) programme. They will learn about the emotional, social and physical aspects of growing up and the changes that happen during puberty to both males and females. During their work on relationships, they will learn to recognise and care for other people's feelings.

All discussions are age-appropriate and will address any misconceptions held by the children. The sessions will take place on Tuesday 25 May and Wednesday 26 May. I will deliver the talks to the girls and Mr Maude will present the information to the boys.

There are many books on the market which could support discussions with your child at home. Some of the books we have in school are:

- The Smart Girl's Guide to Growing Up (Anita Ganeri)
- The Girls' Guide to Growing Up (Anita Naik)
- The Boys' Guide to Growing Up (Phil Wilkinson)
- What Happens to My Body and Mind: for boys age 9-12 (Annabel E. Lewis)

Legislation brought in through the Children and Social Work Act 2017 requires that pupils participate in RSE lessons as follows:

- Parents are not able to withdraw their child from Relationships Education in primary school or secondary school;
- Parents are able to withdraw their child from primary school classes which address sex education - i.e. those that do not sit within the Relationships Education curriculum;
- Primary schools are required to teach National Curriculum science, which includes some elements of sex education. Parents do not have a right to withdraw from this.

If you have any questions regarding these lessons, please feel free to contact me.

With all best wishes to you and your family.

Yours sincerely

Miss Claire Thompson
Assistant Head of the Junior School