



RED HOUSE
SCHOOL

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Dear Parents

Year 1 Science & PSHE Lessons: Relationships and Sex Education (RSE)

After the May half term break, Year 1 will explore the unit 'Growing and Caring for Ourselves' as part of our Relationships and Sex Education (RSE) programme. They will learn some basic hygiene principles and be introduced to the concept of growing and changing through learning that babies become children and then adults. They will learn the names for the main parts of the body (including external genitalia) and the similarities and differences that exist between boys and girls. They will also explore different types of families and who to go to if they are worried.

All discussions are age-appropriate and will address any misconceptions held by the children. The sessions will begin week commencing 13 June and will be delivered by your child's class teacher.

Legislation brought in through the Children and Social Work Act 2017 requires that pupils participate in RSE lessons as follows:

- Parents are not able to withdraw their child from Relationships Education in primary school or secondary school;
- Parents are able to withdraw their child from primary school classes which address sex education - i.e. those that do not sit within the Relationships Education curriculum;
- Primary schools are required to teach National Curriculum Science, which includes some elements of sex education. Parents do not have a right to withdraw from this.

If you have any questions regarding these lessons, please feel free to contact me.

With all best wishes to you and your family.

Yours sincerely

Mrs Lucy Waldock
KS1 Coordinator